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## Housing proposed for Shattuck space

By Bethanie Gengler  
NEENAH NEWS

What were once courtside athletic fields at Shattuck Middle School, which have sat vacant for a year after the school's closure, may soon become a housing development.

Local businessman Umer Sheikh has submitted a conceptual plan under the

name Shattuck Neenah for the subdivision of just under 9 acres at 720 Elm St. Land north of the property includes the former Shattuck Middle School and land south includes single-family homes and a tennis court owned by the Neenah Joint School District.

Under the plan, Sheikh would create 16 single-family parcels, with eight each

along Elm Street and Reed Street. The average lot size of the parcels is 135 by 66 feet and would connect to the existing sanitary sewer, water and stormwater main within Elm and Reed streets.

Sheikh would be required to construct a sidewalk along the Elm Street parcels

SEE **Housing plan** ON PAGE 12

### INSIDE



**Rescue help**  
Shelter takes in dogs from Fond du Lac area  
Page 6

**Hoops preview**  
Girls high school teams take to the court  
Page 13



Photo by David Hall

### Blueey in town

Children and families were able to spend time with Blueey, star of the Australian animated television series created by Joe Brumm, during an appearance Saturday at the Neenah Public Library. Blueey emphasizes the importance of children participating in imaginative play.

## Urban farm brings its natural bliss to Cecil Street

By Patti Lee  
NEWS CONTRIBUTOR

Toby Gable and his talented staff meet every visitor with a big smile for good reason. Guests are entering a very special place.

Almost secreted in at 833 E Cecil St. and aptly named "The Garden," it looks small, almost like a neighborhood florist. A small parking lot out front serves The Garden and the Potter and Clay studio next door. But small it is not.

Gable is deeply invested and enthusiastic about the farm tour. Moving toward the vast outdoor garden space that is still producing in late fall, he recalls the year's earlier fare.

"Then it was celery, onions, peppers and carrots – they're the building blocks whether it's Sofrito, Trinity, or Mire-

poix...the foundations of flavor."

The day's tour starts in Asia, moves into Mesopotamia, Europe and then into the Americas. Gable enjoys the anthropological culinary snapshot.

"You know," he smiles, "how foods move from cultures and onto our plates." Gable bends down plucking a small branch. "You can just brush it and smell," he says. "This is a Vietnamese coriander, which nobody has ever really had before."

The Garden has a 25-member CSA (Community Supported Agriculture) and sells retail out of the front of house. Gable envisions working with catering and private chefs, creating an opportunity to play with myriad lesser-known, rarely used flavors.

"Some of these little things that are just ephemeral and snapshot and don't ever

make it to the market shelves," he says.

The Garden, along with "The Butcher" in Pine River, and "The Farm at Arrow Lane" in Fremont, are all owned by an entrepreneur named Jordan Banda. Restaurateur Banda recently purchased two more greenhouses for The Farm, as well as a production kitchen. Gable will be splitting time between Neenah and Fremont as his job "is still kind of morphing."

The plan is to get veggies from Neenah and Fremont – which also supplies fresh eggs thanks to the resident chickens – and meat from Pine River into the hands of the chefs in Banta's restaurants. As he describes this enormous endeavor, Gable bends down and snaps off another small branch.

"Since we're smelling things," he grins,

SEE **The Garden** ON PAGE 10

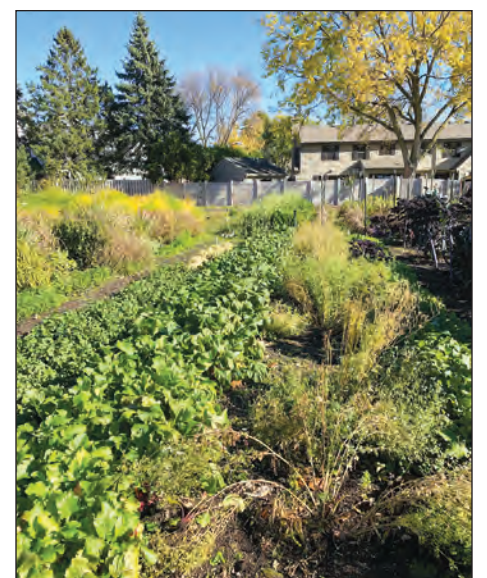


Photo by Patti Lee

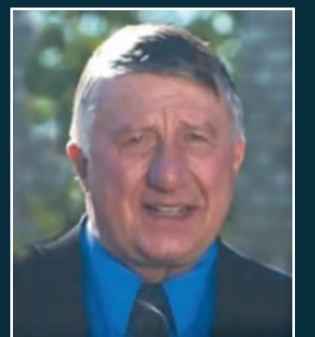
A look behind The Garden and its outdoor growing space that continues into late-fall.

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### Corrections

It is the policy of Neenah News to correct all errors of fact. For correction information call 920-385-4512.

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# Hintz joins race for county executive

Neenah News

At least three people will be seeking the Winnebago County executive position this spring as former state Assembly member Gordon Hintz announced his candidacy this week, which will lead to a primary vote Feb. 18 to narrow the race to two.

Hintz is joining the race against incumbent Jon Doemel and Winnebago County Sheriff John Matz, who announced his intention to run last week.

"I believe my experience in federal, state and local government has uniquely prepared me to be an effective administrator at the county level," Hintz said in his announcement. "My administration will prioritize quality-of-life initiatives, carry on

the important work of providing vital human services and caring for an aging population, build upon our innovative practices in our justice system while increasing public safety, promote economic development, support expanded opportunities for housing supply and work to balance fiscal responsibility with investing in our community's critical needs."



Hintz

Hintz served in the Assembly representing District 54 from 2007 to 2023, was Democratic minority leader and sat on the Legislature's Joint Finance Commit-

tee. He previously worked as a legislative assistant for U.S. Sen. Herb Kohl and is currently director for the Wisconsin Laborers-Employers Cooperation and Education Trust.

Doemel told the Herald last week he intended to run for a second term. He made that announcement on social media, stating his first term was focused on the county as an organization and his second term will focus on the direction of the county.

All three candidates will need to file their paperwork, collect a minimum of 500 signatures and submit those materials by Jan. 7.

The nonpartisan race will have the top two candidates advancing from the primary to the spring election April 1.

# We Energies procures electric rate increase

Neenah News

The Wisconsin Public Service Commission (PSC) last week approved a 12% increase in electric rates over the next two years for We Energies and Wisconsin Public Service customers.

The increase will add up to \$208 more per year on bills starting in 2026, according to the PSC.

Brendan Conway with We Energies said the increase will help pay for the need to trim trees to avoid outages in storms and build up electrical system capacity.

## Former athletic director Northway passes away

Neenah News

Mel Northway, former Neenah Joint School District athletic director and high school vice principal, died Nov. 11 at age 81 in Somerville, Ala.

Northway, who played for the University of Minnesota Gophers and Pro European Basketball League, contributed to Neenah High School's athletic programs through its coaches, young athletes and teachers. The Mel Northway Award is given annually to outstanding student-athletes in Neenah and he was inducted into the Wisconsin Athletic Director's Hall of Fame

He is survived by his wife, Donna, two sons, Tim and Jim; a stepdaughter; Anne Chumbler, two brothers; Richard and Bill; and four grandchildren. Peck Funeral Home in Hartselle, Ala., is handling funeral arrangements.

Tom Content from the Citizens Utility Board, one of the advocacy groups that protested the increases proposed in April, said the 12% jump will hit consumers hard after several years of high inflation.

The PSC also approved a natural gas rate increase that will raise the average monthly bill about \$4.50 starting next year. We Energies serves northern parts of the county while Wisconsin Public Service customers include the Oshkosh area and other parts of Winnebago County. Both are owned by WEC Energy Group.

We Energies also filed plans with the

PSC in October to purchase two large-scale renewable energy projects that would add 165 megawatts (MW) of new solar power to the grid, enough to power an estimated 50,000 homes.

The Good Oak Solar Farm and Gristmill Solar Farm projects would be built in Columbia County, using union labor and state workers. The project filings follow other renewable energy project proposals made in September. In total, those projects would add 500 MW of new solar power, 180 MW of wind power and 100 MW of new battery storage to the grid.



Neenah Historical Society photo

## Holiday helpers

Tullar Elementary students dressed up for Thanksgiving to prepare a turkey feast for the holiday.



Peace Lutheran Church in Neenah invites you to a Thanksgiving Meal served on site, Thursday, November 28th from 11:00am-2:00pm.

A traditional meal with all the trimmings will be served.

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### November 29 issue:

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Friday, 11/22 Noon

**Classified Deadline:**  
Friday, 11/22 3pm

**Obituary Deadline:**  
Tuesday, 11/26 Noon

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### December 6th issue:

**Display Deadline**  
Wednesday, 11/27 Noon

**Classified Deadline:**  
Tuesday, 12/3 3pm

**Obituary Deadline:**  
Wednesday, 12/4 Noon

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Neenah News

Live mannequins at downtown businesses are just one of the featured highlights of A Very Neenah Christmas set for Dec. 6.

## Very Neenah Christmas returns downtown

Neenah News

The 27th annual A Very Neenah Christmas returns to downtown Neenah from 5 to 8 p.m. Dec. 6 with businesses creating elaborate window scenes with live mannequins as part of the special event hosted by Future Neenah.

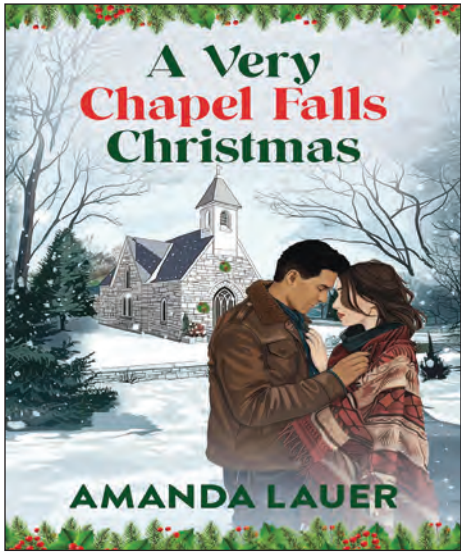
The window displays will be from 6 to 8 p.m. with other downtown activities starting at 5 p.m., which include:

- Santa's reindeer at Church and Wisconsin.
- Ice Sculpture Garden, inflatable igloo and photo station at Gateway Park.

- Ice skating at the Plaza
- Christmas Alleyway next to Future Neenah office and roast marshmallows in front of the office.
- Santa and Mrs. Claus at Associated Bank along with the hand bell choir.
- Craft station inside the Alta Resource training building.
- Suzuki String students perform inside the Alta Resource training building
- Light and Fire Dancers.
- Madrigal singers roaming downtown.
- Christmas Puppet Show at Kesler-Fahrenkrug Funeral Home.
- Holiday movie playing outside near Gateway Park.
- Last Light: Neenah interactive video projection on Greene's Pour House and behind Future Neenah.

All events are free other than a fee for ice skating. Wisconsin Avenue will be closed from Commercial to Main streets.

Starting Dec. 1, children can drop a letter to Santa in the big red mailbox in front of the Future Neenah office and Santa will write a return letter if the address is included.



## Book inspired by city traditions

Neenah News

"A Very Chapel Falls Christmas," which is being released on paperback next month by area author Amanda Lauer through Viident Publishing, draws a parallel to Future Neenah's A Very Neenah Christmas event.

The contemporary romcom is set in the fictional city of Chapel Falls that Lauer based on Neenah, including some of the names of local businesses.

Inspired by true holiday events, "A Very Chapel Falls Christmas" is a tale of lost love and reconnection. On the rebound from a breakup, Alaska native musician Nik Forrest finds himself back in his hometown where by chance his ex-fiancee is also back in town in time for Christmas festivities that put their city on the map each holiday season.

Lauer, who is also a journalist, screenwriter and author of the Heaven Intended Civil War series and novels "Anything But Groovy" and "Royal & Ancient," will be doing book signings at Neenah holiday events.



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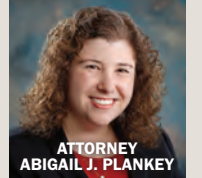
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# Schools named Unified Champion sports sites

Neenah News

Neenah Middle School and High School were the only two schools in the state recently selected as Special Olympics Unified Champion Schools.

The schools were chosen for their inclusive school climate and sense of collaboration, engagement and respect for all in the student body and staff.

Both schools received their awards last Thursday at the 11th annual Phase 1 basketball game where a team of unified athletes took on a team of faculty. The event also featured a unified dance team at halftime with members of the girls volleyball team.

A total of 194 schools out of more than 120,000 nationwide received the award ranging from elementary through universities and colleges.

A Unified Champion School is one that has demonstrated commitment to inclusion by meeting 10 standards of excellence. Primary activities within these standards include Special Olympics Unified Sports,



NJSD photo

Neenah's middle school and high school have been named Special Olympics Unified Champion Schools.

Inclusive Youth Leadership and Whole-School Engagement. Banner Unified Champion Schools should also be able to demonstrate they are self-sustainable or have a plan in place to sustain these activities.

Schools reapply for banner status every four years. Neenah High School also received

the honor in 2020, while Neenah Middle School won for the first time. No other Wisconsin K-12 school has received the award.

Neenah offers unified sports for all students, including a Young Athletes program for children with and without disabilities from ages 2 to 10.

# Ascension highlights at-home care in November

Neenah News

Ascension at Home Together with Compassus has joined organizations nationwide in recognizing National Care at Home month.

Those with chronic conditions or post-surgery needs receive personalized medical support in their homes, where studies have shown that they often recover faster and with less anxiety with their families.

Ascension at Home patients benefit from the personalized support and often see improved recovery outcomes and greater emotional well-being. Caregivers

gain ongoing training, resources and a collaborative work culture, according to Ascension at Home executive director

Brenda Lefeber.

More information is available at compassus.com or calling 833-380-9583.

## School board to hold candidate info session

The Neenah Joint School District Board of Education will have an informational session for anyone interested in learning about a potential board candidacy from 6 to 7 p.m. Dec. 5 at the Administration Building.

Board President Brian Epley will lead the session and cover the roles of the board, time commitments for members and structure and purpose of committees.

The session will be in-person with no virtual option. There is no commitment to run for the board by attending the session.

Three seats with three-year terms will be contested in the April 1 spring election. Individuals residing in the district and interested must file their declaration of candidacy by Jan. 7. Nomination papers are available at 410 S. Commercial St. during office hours.

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# Gun deer hunters take on variety of challenges

Neenah News

Hunters in Wisconsin head out for the nine-day gun deer season that opens Saturday and runs through Dec. 1, the latest nine-day window within which the season may occur. Wildlife officials note the late start, mild weather forecast and other trends could potentially limit this year's harvest.

Department of Natural Resources wildlife biologist Josh Jackl from the Winnebago County team in Oshkosh talked about the mix of factors that play a role in what the deer harvest will look like locally and statewide.

"Deer hunter numbers are down and that's been the trend for the last few years, probably 1 or 2 or 3% every year," said Jackl, who added that the county has been showing good hunter participation and deer harvests.

"In Winnebago County we're trending above the five-year average for harvest in the county total. Interestingly, too, the youth hunt for this year in Winnebago County was well above the five-year average.

"But we're talking small numbers. Youth hunt in Winnebago County alone was only 65 animals this year. So very small numbers, but the trend is definitely higher than it has been in the past."

The population of the white-tailed deer

in the southern two-thirds of the state in the farmland zone is healthy and higher than it has been in the past, according to Jackl.

Jackl said the late start to the gun season usually indicates the rut is farther away from being peak, which usually equates to a lower harvest because of less rut activity. But he added that most successful hunters do their scouting ahead of the season and know what to expect when they get out there to benefit their hunting.

Weather always has an impact on opening weekend, and the expected lack of snow cover will not help hunters while recent rains may limit access in some lower wetland areas that haven't frozen yet.

Jackl also said there has been little impact locally from chronic wasting disease (CWD) with only one positive deer confirmed in the county in March 2023.

The archery season in Winnebago County started in the middle of September and runs to the end of January. Jackl said they are seeing a growing percentage of harvests from bow hunters, which includes vertical bow, crossbow and longbow.

He said a new rule this year is that airguns are allowed for deer hunting on a regular rifle license, though he did not expect many to be using airguns for hunting this year.



Photo by Michael Cooney

Tyler Wegner is shown near his Winnebago County home west of Oshkosh in a wooded area where he has harvested a buck with his bow this season and hopes to have continued success during gun season.

# New system helps Wisconsin communities track overdoses

Neenah News

The Wisconsin Department of Health Services (DHS) has a new online tool for people working in overdose spike response, substance use prevention, harm reduction, treatment and recovery.

The Wisconsin Suspected Overdose Alerts for Rapid Response (WiSOARR)

system will provide near real-time data on when and where suspected overdoses may have occurred to inform immediate actions to address drug overdoses.

Using data that includes suspected overdose data from ambulance runs and emergency department visits, the system allows users to monitor local trends, set and receive

alerts around community-specific thresholds, and connect to spike response resources.

Publicly available, anonymous data on confirmed drug overdoses and other substance use data will remain available on the DHS website. The launch of the system follows reports from across the nation that suspected overdose deaths are trend-

ing down for the first time since 2018.

Winnebago County's Overdose Fatality Review (OFR), which started in 2018 and represents 35 local organizations, has been reviewing overdose deaths by sharing information.

More information about WiSOARR is on the DHS website.

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T H E

**WREATH FACTORY**

# Shelter cares for dogs rescued from hoarding situation

By Bethanie Gengler  
NEENAH NEWS

The Neenah Animal Shelter is caring for 12 of the 70 dogs recently rescued from a hoarding situation in the Town of Calumet.

The dogs were confiscated as part of a Fond du Lac County Sheriff's Office investigation into a report about an unpleasant odor coming from a home. Deputies discovered 70 dogs in deplorable conditions.

According to a press release, due to unsanitary and hazardous conditions, the Calumet Fire Department was requested to assist with hazmat equipment and safely removed the dogs and turned them over to Eastshore Humane Association in Chilton.

Neenah Animal Shelter manager Brittany Collette said Eastshore Humane reached out for assistance with the dogs, which are small poodle mixes. The Neenah shelter was able to take in 12 of them. Two are at the shelter and the other 10, which includes a nursing mother and six puppies, are being cared for in foster homes.

A couple of the rescued dogs were perfectly content to sit on Collette's lap Tuesday. Though skittish, she said they're warming up to people.

Shelter director Cindy Flauger said when the dogs arrived they were in poor condition. Joelle Moore of Neenah, who owns The Little Spaw mobile pet grooming, took care of their grooming needs.

"They were all matted and had longer hair," Flauger said. "Their fur (had) feces and urine caked in it. Hence, they all got groomed and have a winter shave."

The shelter also took care of their vet-



Neenah Animal Shelter photo

A poodle-mix is one of 12 dogs currently being cared for by the Neenah Animal Shelter after 70 dogs were confiscated from a home in the Town of Calumet.

erinary needs, including health checks, vaccinations, dental care, spaying and neutering.

None of the poodle mixes are yet available for adoption as the shelter is required to care for them until the sheriff's investigation is complete.

"An ideal outcome of the dogs being able to be adopted would be if the owner relinquished them, and the owner, to our knowledge, has not yet done that. So right now, they're kind of considered an impound," Flauger said.

In a press release, the sheriff's office wrote that charges are expected to be filed once the investigation is concluded. No charges had yet been filed as of Tuesday.

Court records show Fond du Lac County has filed a petition for disposition of animals against Alice O. Stenz and Patri-



Neenah News

Manager Brittany Collette is shown Tuesday at the Neenah Animal Shelter with two dogs recently rescued from deplorable conditions in Fond du Lac County.

cia A. Tyunaitis, the presumed owners who were not believed to be living in the home on U.S. 151 in Malone where the dogs were found.

Flauger said the situation wouldn't have been discovered if it weren't for an observant neighbor who reported it. In cases of suspected animal hoarding or neglect, she encouraged residents to continue reporting incidents to authorities.

"Sometimes it's that historical documentation that is what it takes," she said.

The Neenah Shelter, which moved to a new larger location on Progress Court in

July, has seen a surge in animal intakes this year. As of November, the shelter has taken in 683 animals – 88 more than in the entirety of last year.

Veterinary expenses are also up, with \$108,000 expended on medical care year to date, an increase of about \$9,200 from the entirety of 2023.

Donations to support the shelter may be made at [neenahanimalshelter.org](http://neenahanimalshelter.org) under the donate tab, by mail to 2475 Progress Court, Neenah, WI 54956, or by calling 920-722-9544 Monday-Friday from 9 a.m. to 4 p.m.

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# Neenah schools score well in state report cards

Neenah News

The Neenah Joint School District's latest state report card "exceeds expectations" from the Wisconsin Department of Public Instruction as four schools significantly exceeded expectations and four others exceeded expectations on their 2023-24 report cards.

Alliance Elementary, Clayton Elementary, Lakeview Elementary and Tullar Elementary all earned the "significantly exceeds" designation. Coolidge Elementary, Horace Mann Elementary, Spring Road Elementary and Neenah High School earned an "exceeds expectations" designation.

Neenah Middle School and Taft Elementary met expectations, while Hoover Elementary met few expectations.

It marked the third straight year the district has achieved the exceeds expectations category and sixth time in the eight-year history of the report cards.

This is the first year Horace Mann Elementary and Neenah Middle School received ratings since the district restructured for the 2023-24 school year. Hoover Elementary closed after the 2023-24 school year with most students moving to Horace Mann.

Report cards are scored and averaged

in the areas of student achievement in reading and math, student growth, target group outcomes and on-track readiness. Report cards use up to three years of data.

The district's overall score was 72.2. Lakeview Elementary had Neenah's highest score at 92.8. Hoover had the highest increase, improving 6.4 points from 46.2 to 52.6. Taft went up 2.9 points to 69.0 and fell a point short of the exceeds expectations category.

The report cards can be accessed through the Department of Public Instruction website.



NJDS photo

## Honor Society ceremony

Neenah High School inductees into the National Honor Society were honored Tuesday night in a ceremony at the high school. They include Hayden Ahlswede, Alexander Alatorre, Cecelia Alexander, Madilyn Armstrong, Elizabeth Aykens, Nina Bhattacharjee, Claudia Bjornstad, Jordyn Brockman, Joseph Buchta, Andrew Carlson, Andrew Dunning, Madison Eckhart, Rylee Ehlke, Jaxon Ennis, Aiden Feltz, Brynn Fox, Taniya Franzke, Alivia Haller, Olivia Hanneman, Hannah Hartman, Fiona Hendrickson, Kale Hildebrandt, Aspen Hilgers, Brogan Hirschi, Caroline Hodges, Luke Jung, Troy Kahler, Nicole Kavanaugh, Brady Keller, Braedy Klawikowski, Keegan Krueger, Brenna Leiton, Zachary Liebeskind, Jalisa Lopez, Elizabeth Lorrig, Nadia Marchionda, Emma Marsh, Meghan McAvoy, Sienna Murphy, Evan Numrich, Jace Ostermeier, Brenna Pickett, Julia Rangel, Jacob Reckner, Lily Rhode, Ezra Saint, Cole Schaefer, Payton Schaefer, Cooper Schalow, Alyssa Schlesner-Smith, Izabel Schmidt, Hailey Schultz, Liam Sieck, Hannah Slabbert, Henry St Clair, Eliana Stier, Joseph VanHandel, Leila Walter, Ayden Weisbrod, Lauren Werner, Mara Westphal-Dorow and Lauren Zeier.

# Calendar of events

**Friday, Nov. 22**  
Ice skating opening weekend, Plaza & Globe Coffee  
Stuck on Blue, 7 p.m., Xe 54, 1350 West American Drive, Fox Crossing

**Saturday, Nov. 23**  
Neenah Animal Shelter Pop-up Shop, 8 a.m., The Marketplace

**Thursday, Nov. 28**  
Thanksgiving Day meal, 11 a.m., Peace Lutheran Church, 1228 S. Park Ave.

**Friday, Nov. 29**  
Janet Planet, 7 p.m., Xe 54, 1350 West American Drive, Fox Crossing

**Saturday, Nov. 30**  
Small Business Saturday, downtown Neenah

**Wednesday, Dec. 4**  
Community Living Room Pop-Up, 5 p.m., Neenah Public Library

**Friday, Dec. 6**  
First Friday Concert Series, 2 p.m., Neenah Public Library  
A Very Neenah Christmas, 5 p.m., downtown locations

**Saturday, Dec. 7**  
Timeless Treasures Christmas Bazaar, 8 a.m., Peace Lutheran Church, 1228 S. Park Ave.  
Art Activity Day and Holiday Open House, 10 a.m., Bergstrom-Mahler Museum

**Sunday, Dec. 8**  
Sunday Concert Series: Christo's Novelty Combo, 2 p.m., Neenah Public Library

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# Valley Christian School celebrating 50-year legacy

Neenah News

Valley Christian School is marking 50 years of transforming lives in what began as a small gathering of like-minded families with a vision for Christ-centered education that has impacted generations of students and families.

Founded in 1974, Valley Christian School started with 11 students in the basement of Bethel Baptist Church in Oshkosh, growing as more families embraced the educational opportunity. In 1993, after several relocations and in need of a place to house the school, Harold and Sally Eichstadt gifted the school 15 acres on Vinland Street.

The school needed to raise the money for construction and the dream was realized in 1994 when Oshkosh Christian School began holding classes in their new building. This remains the current location of the main campus at 3450 Vinland.

“For 50 years, we have been dedicated to fostering an environment where students can grow not only academically but spiritually,” said Brad Dunn, who has served as head administrator since 2012. “It has been a privilege to see so many students not only excel in their studies but also develop a deep, personal relationship with Christ.”

Valley Christian currently serves 775



Photo from Valley Christian

A recent dinner gathering at the Oshkosh Convention Center was one of the events commemorating the 50th anniversary of Valley Christian School.

students from prekindergarten through 12th grade on its Oshkosh and Neenah campuses. Beyond the core academic subjects, the school offers character development, community service and leadership.

Plans for continued growth include new campus facilities, enhanced technology in

the classroom and more opportunities for students to engage in global missions and community service.

“We are excited about the future,” Dunn said. “While we honor the rich history and traditions that have brought us to this point, we also embrace the opportunities ahead to

continue impacting the world for Christ.”

The school has had a series of events celebrating their anniversary including an alumni brunch, a '50s themed birthday party for the entire school and a dinner gathering at the Oshkosh Convention Center.

## Local college graduates

More than 1,300 students received doctoral, bachelor's, master's and professional degrees in August from the **University of Wisconsin-Madison**.

Graduates from Neenah and their degrees: Sarah Bundgaard, bachelor of arts, English, political science, Spanish

Mareena Franke, doctor of philosophy, chemistry

Dean Johnson, bachelor of science-kinesthesiology

Ben Kaul, bachelor of arts, computer sciences

David Lang, master of science-food science

Frank Slavinsky, bachelor of science, political science

Lena Slavinsky, bachelor of arts, psychology

Among those completing degree requirements at **UW-La Crosse** in August was Olivia Hobbs of Neenah with a bach-

elor of science in radiologic science.

Among the students graduating from **Marquette University** in Milwaukee this past summer was Natalie Roh of Neenah, who earned a master's degree in physician assistant studies.

**Winter Market Schedule Select Saturdays**  
 November - April 9 AM - 12:30 PM

<b>Nov 9</b>	Oshkosh Arena
<b>Nov 23</b>	Oshkosh Arena
<b>Dec 14</b>	Oshkosh Convention Center Holiday Market & Bazaar Big Holiday Bag Giveaway Sponsored by 4Imprint
<b>Dec 21</b>	Oshkosh Convention Center Holiday Market & Bazaar with Santa Claus
<b>Dec 28</b>	Oshkosh Convention Center After Christmas Sale
<b>Jan 11</b>	Oshkosh Arena
<b>Jan 25</b>	Oshkosh Convention Center
<b>Feb 8</b>	Oshkosh Arena
<b>Feb 15</b>	Oshkosh Arena
<b>Mar 8</b>	Oshkosh Arena
<b>Mar 15</b>	Cancelled, added 3/8
<b>Mar 29</b>	Oshkosh Convention Center Kid's Day
<b>Apr 12</b>	Cancelled, added 4/26
<b>Apr 19</b>	Oshkosh Convention Center Easter Market & Spring Bazaar
<b>Apr 26</b>	Oshkosh Convention Center

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# Neenah author draws on family history for 'Spared' memoir

Neenah News

Wisconsin author Lori Jones' first book, "Spared: A Memoir of Risk and Resolve," follows a young girl who witnesses her father's descent into the psychological and physical deterioration of Huntington's disease based on the writer's personal family experience.



Jones

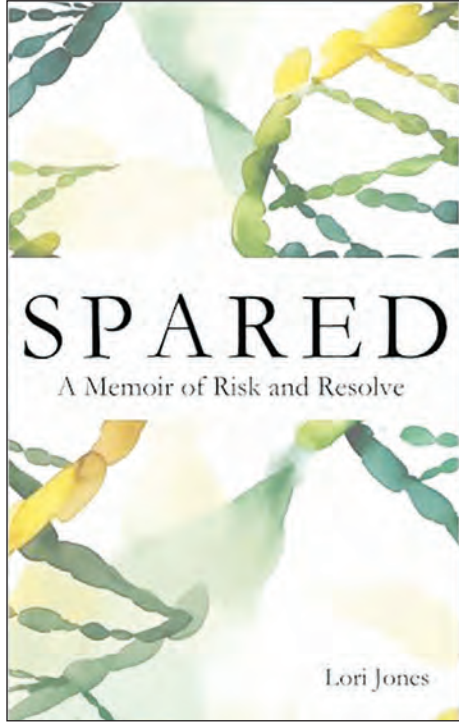
The former Neenah resident is holding a book signing set from 4 to 6 p.m. Dec. 5 at Lyons Books in downtown Neenah, where it is available as well as at the Neenah Public Library and on Amazon and Goodreads.

Leaving her environment to begin her adult life, the book's protagonist learns more about the hereditary nature of the disease and dreads it might be following her.

She assumes the role of guardian for her father and through an encounter with the greater Huntington's community is able to give back while experiencing the support of a shared struggle.

With scientific facts and genetic information, "Spared" is a resource guide that reads like a story and may become recommended reading for institutions offering courses on mental wellness, human services and sociology.

Jones and husband Chris moved to Neenah in 1993, where she began a career in technology consulting while he continues to teach middle school science.



After raising three children they moved to Winneconne in 2020 but the family maintains close ties to the community where her mother lives.

The couple were instrumental in starting the first Fox Valley WI-HDSA Team Hope 5K Walk/Run for the Huntington's Disease Society of America that is held each year at Riverside Park to raise funds for research and support.

She speaks about Huntington's disease and other genetic topics in the Neenah school system and said she incorporates her life experiences into inspirational messages at local churches and a Christian women's club.



Photo by David Hall

## Birding activity

Winnebago Audubon Society hosted late-season birding activity last Saturday in the Arrowhead Park area.



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# The Garden

FROM PAGE 1

“this is one of my faves. This is lemon verbena, one of the best smells on the entire planet.”

The outdoor garden is in the process of shutting down for the winter, but there is still late season going on. They do their own composting and the kale will go all winter.

“Kale actually gets better with cold,” Gable explains. “Once it has its first frost, the starches convert to sugar, and it’s sweeter and way more tender. I’m not a raw kale guy, right? But after first frost...yeah. So we can be picking this probably until January. Same goes for turnips.”

Heading toward the massive greenhouse, Gable stops to grab some New Zealand spinach.

“It’s got such a nice, mild flavor to it. You can feel it’s got a roughness. It’s actually in the succulent family. It won’t go to head in the summer,” he says. “This has been such a great thing. When you have that texture, from a chef’s perspective, it grabs on to the dressing in a way that lettuce doesn’t. This might be my favorite veggie all summer.”

Gable makes his way, grabbing up what he explained was a mild habanero pepper.

“But you have to be careful. A couple weeks ago I thought I was eating one of these. I was wrong. It was an actual ghost pepper. It was a tearful experience. Poor pottery guy, I swore in front of his children. He’s like, ‘That was a hot one, wasn’t it?’ And the next half hour of my life was ruined!”

Gable points out the pollinator area. “That whole first row is Anna’s Hyssop. Every morning I would go out there. I’d feel like a Disney princess,” he laughs. “I’ve got a bird tweeting, I’ve got bees buzzing, I’ve got chipmunks scampering and it is



Photo by Patti Lee

Toby Gable stands with his kale crop behind The Garden in Neenah

just so alive back there.”

Moving on to the perennial ring and the asparagus patch with its tall filmy branches waving in the breeze. They will go to mulch after they show off their fall beauty. Next year the area will be built up with more native herbs and the hope is that the entire area will be edible. Then on the other side, there’s a tentative plan for a cut-your-own-flowers program for folks who would like to create their own bouquets.

The greenhouse is definitely in transition. “Right now I’m just kind of clearing out the greenhouse. It’s hard because I’m still selling tomatoes, you know...do I kill this tomato? But I also need to get things established for winter. It’s trial and error. I’m not going to blow smoke or claim to know more than I do. As far as restaurants...get those 10,000 hours of mastery, you become very competent. With this, I’ve still got the baby deer legs.”

Water has been dialed back by about 70% and the cracks in the earth are starting to show. The water cutback enhances the tomatoes.

“The flavor is just unreal,” says Gable. “I’m so proud of these.” The cucumber trellis strings wait for next year’s crop. They allow the plant growth to be completely vertical. “The amount of fruit we were able to take from these plants was astronomical,” Gable exclaims.

This process will be doubled down at the Arrow Lane property.

Cherry tomatoes will be picked throughout November, and greenhouse planting will include kale, beets, parsley and Thai basil. Last year spring planting started in February with a foot of snow outside and temperatures in the 70s with 100% humidity inside.

One of Gable’s many goals is for people to be able to come out to the greenhouse

and pick their own salad in January.

“Once again, I don’t know how we offer that as an experience, but that’s literally what we’re growing. To have that connection in the middle of winter, to be able to walk in here and just, you know, give people a tour, and they can smell things that are alive. We all need that so desperately in those winter months.”

Listening to him, one would assume Gable was born into urban farming. But he has an impressive culinary resume that serves him well. Gable has worked back of house, front of house, and for natural food co-ops.

“I have a varied history that just happens to speak to the synchronicity of this... five different businesses, all kind of culinary, with the goal to synthesize and synergize to get them working together.”

Gable lives in Green Bay with his wife of 15 years, Kalleigh, and their pups, Leia and Indie. The couple met in restaurants, working together at multiple stores. He managed an Ecuadorian restaurant and she managed a Cuban restaurant in Minneapolis. Kalleigh’s restaurant was featured on TV’s “Diners, Drive-ins and Dives.”

As winter sets in at the garden, plans are being made to offer classes. There are some artistic and passionate folks working there and ideas for possible subjects are being floated and listed. Add to that the winter planting and planning for spring and nothing at all is slowing down. The idea is to remain relevant in people’s lives during all four seasons.

On tap for next summer is their highly successful food truck. “I think we did our last one the first week of October. But yeah...all summer we were out there. I was kind of really trying to increase the visibility of our vegetable program, because people don’t necessarily know that we do that. So on Fridays, I would set up a market stand out in the parking lot and put up the tent. My buddy Rob ran the truck and people from the neighborhood would just pop on over. Our neighbors are really supportive. They just walked through our back gate and came over with a glass of wine. Folks started showing up to grab a walleye sandwich at the food truck.”

It’s easy to see that Gable is living in that rare space where work is love. He smiles easily and never lacks for another great taste or scent to share.

“You know, we got a chance to donate a bunch of transplants to our church’s garden. Not only that, then to drop off stuff to the food pantry. Doing that intentionally is something I definitely want to look into next year.

“It’s profound,” says Gable. “I’m not a deeply religious man but there is a spiritual satisfaction in being able to scar the earth, take care of the soil, grow beautiful vegetables, and share them.”




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# Department of Transportation updates state motorists handbook

The Wisconsin Department of Transportation (DOT) Division of Motor Vehicles (DMV) offers an updated Motorists' Handbook that uses "plain language" principles to deliver driver information to state residents that is understandable and easy to read.

The revised handbook focuses on making language simple and straightforward while still providing important information related to the rules for the road and transportation safety. It has been updated to take up safety advances built into Wisconsin's road designs, including Diverging Diamond Interchanges, dynamic shoulder

use and roundabouts. The highway signs section also reflects the most up-to-date sign images.

The online interactive publication explains the process of getting and maintaining a Wisconsin driver license. Important safety topics, including dangerous driving behaviors and tips for handling emergencies, are also addressed. Embedded links take the reader to helpful resources.

The DOT's recent website update features enhanced ADA accessibility and a mobile-responsive design. Nearly every DMV service is now online at wisconsin-dmv.gov.

# Move over for crash responders

The state Department of Transportation (DOT) urges drivers to move over or slow down for flashing lights on the side of the road to keep first responders safe. This week has been designated Crash Responder Safety Week, a nationwide effort to raise awareness about the risks first responders face on duty.

"Wisconsin's emergency responders work tirelessly to save lives and keep our roads safe," DOT Secretary Kristina Boardman said. "We recognize all responders this week but our commitment

to safety must be 24/7 on our roads. Together we can help keep them safe too, every time we get behind the wheel. Always eliminate distractions, mind your speed and watch for roadside incidents."

Over the past five years, 60 emergency responders were struck and injured by a vehicle while working on the side of the road in Wisconsin.

Nationwide, 32 emergency responders were struck and killed by a vehicle while working on the side of the road in 2023.

# Shining Star educator award nominations sought

Nominations are being accepted for the Fox Cities Chamber's Excellence in Education Shining Star Awards, which recognize the outstanding achievements of educators in the Fox Cities Region.

Awards are given to 10 outstanding full-time educators who have made a positive

impact on their communities. Winners will be recognized March 13 at Butte des Morts Country Club.

Nominations close at noon Dec. 6. For nomination or event questions, email Aimee Herrick at aherrick@foxcc.net or call at 920-939-6381.



Photo by David Hall

# Eagle eye

An eagle keeps an eye out as it prepares its nest Saturday in Cook Park on Doty Island.

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# Housing plan

FROM PAGE 1

and maintain the sidewalk that already exists adjacent to the proposed parcels on Reed Street.

Deputy director of community development Brad Schmidt wrote in a memo that ideally the entire property would be subdivided and developed, but economic factors including the cost of street construction and utility installation limit the development.

Schmidt said city staff are exploring options with Sheikh to subdivide and develop the land and the proposed plan does not limit future subdivision development of the area. There is enough space between the lots along Elm and Reed to plat an additional 16 lots for a north/south street extension that would connect to Laudan Boulevard.

The city's Plan Commission approved the concept plan for the site last week. Sheikh will now be required to submit a

stormwater management plan and meet a number of requirements before submitting a preliminary plat for consideration.

The former Shattuck Middle School closed after the 2022-2023 school year and Sheikh purchased the property that August. The parcel has since remained vacant, except for the district's Health and Wellness Center, which Sheikh allowed to continue operating from the building.

Sheikh told the school board at the time of the sale that he would construct up to 48 apartments inside the former school while keeping the theater, gymnasium, cafeteria and auditorium for community use. On the surrounding land, Sheikh said he would sell plots to build between 50 and 60 single family homes.

In July, the volleyball club Spiketown USA announced it would be transforming the vacant school into office space, classrooms and volleyball courts for leagues, lessons and tournaments. That plan, which at minimum would require Sheikh to obtain a special use permit from the city, has apparently stalled.



Photo by David Hall

## Angling at Arrowhead

Fishermen try their luck on the bridge at Arrowhead Park in search of perch last weekend.

## Consider vaccine options ahead of holidays

Holidays are a busy time for travel, gathering with family and friends, and getting sick.

Wisconsin Department of Health Services (DHS) data show only 22% of Wisconsinites have received a flu shot this season, and just 11% have received an updated COVID-19 vaccine. DHS and the U.S. Centers for Disease Control and Prevention recommend the following respiratory vaccines:

**Flu:** Recommended for everyone 6 months and older.

**COVID-19:** For everyone 6 months and older. People 65 years and older and those who are moderately or severely immunocompromised are recommended to receive a second dose of the updated COVID-19 vaccine six months after the first dose.

**RSV:** For pregnant people, young

children under 9 months, and adults 75 years and older. Young children ages 9-19 months and adults ages 60-74 with increased risk of RSV are also encouraged to get immunized.

To find and schedule a vaccine, residents are encouraged to check with their primary care provider, local or tribal health department, community clinic or visit vaccines.gov. Wisconsinites can also call 211 or 877-947-2211 for help scheduling a vaccine appointment.

Other things can prevent respiratory illnesses, including washing hands regularly, cleaning surfaces, gathering outside if possible or bringing outside air in, eating healthy, exercising, drinking plenty of water, and getting enough rest.

Find information about COVID-19, the flu and RSV on the DHS website.

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# Revamped roster will look to carry on Rockets' success

Neenah News

For the first time in four seasons, the Neenah Rockets girls basketball team will be taking the court without standout Allie Ziebell.

The former star, currently a member of the University of Connecticut women's basketball team, was a record-setting player over the course of her career and one of the best players the talent-rich Fox Valley Association has ever produced.

Replacing a player like Ziebell is impossible, even with a traditionally strong program like Neenah, but head coach Andy Braunel said the program's losses encompass more than just one great player.

Over the past two seasons, Neenah has seen 14 seniors graduate from the program – including eight off last year's state runner-up squad – and so he knows there will be several new faces taking the court for the Rockets this season.

"The team will look very different," commented Braunel in an email to the Neenah News. "We were blessed to have back-to-back years with a lot of talent, great kids who put the team first and were super dedicated."

Neenah will have a nucleus to build around with talented juniors Rowan Klesmit and Ellie Buss.

Klesmit, a second-team all-Fox Valley Association selection a year ago, was the team's second-leading scorer at 14.9 points per game and shot 33 percent from behind the 3-point line. She was also third on the team in rebounding and finished second behind Ziebell in assists and steals.

Buss earned honorable mention all-FVA honors after averaging a shade under



Neenah News

Junior Rowan Klesmit was a second-team all-Fox Valley Association selection last season for Neenah.

10 points per game, while finishing second on the team with 64 3-pointers made a year ago.

Sophomore Celia Gentile – a two-time state qualifier for Neenah's tennis team who also qualified for the state track meet last spring – is the returning player with

the most playing experience behind Klesmit and Buss. She played in 27 of the 30 games last season and averaged 1.6 points per game in her limited minutes.

Senior post players Rae Schoultz and Jillian Matheny each saw some varsity action a year ago and will be counted on for a bigger role this season, as will senior Ava Kreger, who has missed the past two seasons because of injury but returns to add depth on the perimeter.

Neenah will also have senior Madi Armstrong in the backcourt, after she played point guard on the junior varsity squad a year ago.

Sophomores Alex Guden, Alissa Ebel and Carli Balthus along with freshman Izzy Malloy will be newcomers expected to contribute at the varsity level.

Neenah finished second to Hortonville in the FVA race last year after winning the title in the 2022-23 season and the Rockets hope to be competing for a top finish again this season.

"We know last year's success places a large target on our backs," Braunel commented. "We pieced together this squad with the idea in mind that we wanted a focused, hard-working, gritty team that would embrace the challenge of being the state runner-up last year. We know this group will be playing its best ball in January, February and March."

## St. Mary Catholic

For the three-time defending champions of the Big East North, the Zephyrs hope to keep things rolling as the season begins.

The Zephyrs finished unbeaten in con-

ference play and returned to sectionals where they lost to eventual Division 4 state champion Laconia in a sectional semifinal.

St. Mary Catholic will return a pair of players who earned all-conference recognition to lead this year's group in seniors Emily Vogel and Nolie Anderson.

Vogel, the lone junior on the all-Big East North first team last season, was the team's leading scorer last year at 15.1 points per game. Vogel shot 51 percent from the floor and was a threat from behind the arc with 23 3-pointers made a year ago.

Anderson, an honorable mention all-conference selection, averaged 12 points per game and was the team's leading rebounder at 7.8 caroms per contest.

Sophomore Autumn Crowe and senior Lauren Ripley also return after playing regular roles with the squad last year. Crowe averaged 7.1 points per game, while Ripley was at 6.9.

Seniors Brityn Voss, Gabby Callan, Made Mittelstaedt and Elianna Brenn all saw action at the varsity level a year ago and should see increased roles this season.

Head coach Jeff Chew also expects junior Audrey Weber and Bella Jankowski and sophomores Lucy Norville and Luci Nackers to contribute to the squad this season.

Chew said that the team does have a number of good players back who had good seasons last year and he is hoping the team can build on that and continue the tradition that has been built at St. Mary Catholic.



# Girls Varsity Basketball Winter 2024-2025 Schedule



## ST. MARY CATHOLIC

Nov 21	@Bonduel	7:00pm
Nov 26	@Seymour	7:00pm
Dec 2	Lourdes Academy	7:15pm
Dec 5	@Manitowoc Lutheran	7:15pm
Dec 9	Howards Grove	7:15pm
Dec 12	@Mishicot	6:45pm
Dec 14	Wrightstown	5:30pm
Dec 16	Elkhart Lake-Glenbeulah	7:15pm
Dec 20	Sheboygan Area Lutheran	7:15pm
Jan 3	Brillion	7:15pm
Jan 11	@Reedsville	7:15pm
Jan 14	Hilbert	7:15pm
Jan 17	Manitowoc Lutheran	7:15pm
Jan 21	@Howards Grove	7:15pm
Jan 24	Mishicot	6:45pm
Jan 28	@Kohler	5:50pm
Jan 30	@Elkhart Lake-Glenbeulah	7:15pm
Feb 4	Winneconne	7:15pm
Feb 6	Reedsville	7:15pm
Feb 10	@Hilbert	7:15pm
Feb 13	@TBA	7:15pm
Feb 18	@Pacelli Catholic	7:00pm



## NEENAH HIGH SCHOOL

Nov 19	@Wisconsin Rapids Lincoln	7:15pm
Nov 22	@Wausau West	7:15pm
Nov 26	Marshfield	7:30pm
Dec 3	@Appleton North	7:30pm
Dec 6	Kimberly	7:45pm
Dec 10	Arrowhead	7:00pm
Dec 13	Fond du Lac	7:30pm
Dec 20	Appleton East	7:30pm
Dec 30	@Monona Grove	1:00pm
Jan 3	@Oshkosh North	7:30pm
Jan 7	@Hortonville	7:30pm
Jan 10	Appleton West	7:30pm
Jan 14	@Oshkosh West	7:30pm
Jan 17	Appleton North	7:30pm
Jan 20	@Kaukauna	7:30pm
Jan 24	@Kimberly	6:00pm
Jan 28	@Fond du Lac	7:30pm
Jan 31	Kaukauna	7:30pm
Feb 4	@Appleton East	7:30pm
Feb 7	Oshkosh North	7:30pm
Feb 10	@Appleton West	7:30pm
Feb 14	Hortonville	7:30pm
Feb 20	Oshkosh West	7:30pm

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Submitted photo

## A new Governor

Neenah High School senior Rae Schoultz, flanked by her parents Joe and Ann, signed her National Letter of Intent last week to play NCAA Division I lacrosse at Austin Peay University. She will be part of the Governors' first Division I lacrosse team.

## Klesmit leads Rockets in opener

Neenah News

A career night from Rowan Klesmit helped the Neenah girls basketball team open the season with a convincing 55-45 win over Wisconsin Rapids on Tuesday night.

Klesmit went 12-of-19 from the field, including three 3-pointers, and finished 8-of-9 from the free-throw line to finish with a career-best 35 points in the win. Her previous career-high was 23 points which she reached twice last season.

Klesmit added three rebounds and two assists in the win.

Ellie Buss added 11 points and five as-

sists for the Rockets as she and Klesmit – the two returning starters from last year – combined for 46 of the team's 55 points.

Izzy Malloy, Alissa Ebel, Celia Gentile and Rae Schoultz also scored in the game for the Rockets.

Neenah led 23-18 at halftime.

The Rockets will be back in action tonight at Wausau East. The team's first home game will be Tuesday, Nov. 26 against Marshfield.

Neenah will open up Fox Valley Association play on Tuesday, Dec. 3 at Appleton North.

## Bauman leads Rocket swimmers at state

Neenah News

Rylie Bauman narrowly missed earning a top-10 finish in her final high school race to highlight Neenah's performances at the WIAA Division 1 State Swimming and Diving championships held Saturday at the Waukesha South High School natatorium.

Bauman finished tied for 11<sup>th</sup> in the 50-yard freestyle, posting a time of 24.05 seconds to finish even with Kate Lucyshyn of Arrowhead. Bauman finished 19<sup>th</sup> in the event last year and was 21<sup>st</sup> as a sophomore.

Bauman was less than a tenth of a second out of a top-10 finish and four-tenths away from making the top six. The second through 13<sup>th</sup>-place finishers were separated by about a second.

Bauman was one of three individuals competing at the state meet for the Rockets.

Sophomore diver Sydney Hansman was in 18<sup>th</sup> place after the semifinal round of diving and did not advance to the finals.

Junior Anna Mulroy finished 22<sup>nd</sup> in the 100-yard backstroke and was 23<sup>rd</sup> in the 100-yard butterfly.

Bauman and Mulroy were also a part of Neenah's two state-qualifying relays along with senior Kacie Stamm and sophomore Breleigh Maurer.

The quartet finished 18<sup>th</sup> in the 200-yard freestyle relay and placed 20<sup>th</sup> in the 200-yard medley relay.

Middleton repeated as the Division 1 state champion, totaling 334 points to easily outdistance second-place Verona, which finished with 211 points.

Neenah, which was one of five Fox Valley Association teams to score points at the state meet, finished in 35<sup>th</sup> place with 5.5 points.

## Rockets' Dean earns all-state recognition

Neenah High School senior and University of Wisconsin recruit Grant Dean was named to the Wisconsin Football Coaches Association all-state football team, it was announced earlier this week.

Dean, the Offensive Player of the Year in the Fox Valley Association, was one of six running backs named to the all-state team. He was joined by Harry Bortolotti of Whitefish Bay, Christian Collins of Green Bay Notre Dame, Carson Fletcher of Racine Horlick, Mason Radobucky of Mukwonago and Paxton Rothmeier of Medford.



Dean

Collins was tabbed as the state's Offensive Player of the Year.

Dean, who is projected to play safety with the Badgers next season, rushed for 1,135 yards and 16 touchdowns on 127 carries this season. He averaged 8.9 yards per carry. The senior, who missed one game due to injury, also finished fourth on the team with 12 receptions for 255 yards and two touchdowns.

Dean, who played in 33 games in his high school career, finished with 3,420 yards rushing and 696 yards receiving, while accumulating 51 offensive touchdowns. He also had three special team returns for touchdowns.

Both Dean and fellow senior Luke Jung earned honorable mention all-state honors from the WFCAs.

Jung was chosen as a tight end/fullback after racking up 17 receptions for 255 yards and four touchdowns in his senior season. He was a first-team all-Fox Valley Association selection and was one of two players at the position to receive the accolades.

Dean was one of five defensive backs to earn honorable mention honors. The Defensive Player of the Year in the FVA finished the season with 40 tackles and two interceptions on the season.

Linebacker Cooper Catalano was named the all-state Defensive Player of the Year by the WFCAs.

Offensive lineman Braeden Jansen and wide receiver Parker Schuh of Kaukauna along with Kimberly defensive end Sawyer Hanlon joined Dean as all-state honorees from the FVA.

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# Sports specialization can generate more overuse injuries

ThedaCare Communications

The popularity of professional athletes and sports events can lead kids and their parents to dream of sports stardom and scholarships. This has also led to a new trend that is concerning – sports specialization.



Linkous

The American Academy of Pediatrics and National Athletic Training Association warn against sports specialization at a young age. They point to studies showing it can lead to an increase in overuse injuries, overtraining, and burnout.

“We understand that parents want the best for their kids,” said Dr. Nickolas Linkous, a sports medicine and orthopedic

surgeon with ThedaCare Orthopedic Care. “Some may believe that focusing on a single sport can lead to greatness. Unfortunately, it can also lead to physical and mental health issues. Participating in multiple sports is better for a child or teen’s physical and psychological health.”

When children participate in the same sport for most of the year, they are at higher risk of developing an overuse and other types of injuries, according to a study from the American Journal of Sports Medicine. Common overuse injuries include tendon damage, stress fractures, and knee and joint pain.

“When kids play only one sport, it often doesn’t provide time for the child’s body to rest or recover. A small injury can get worse quickly,” Linkous explained. “Resting is important, especially as children’s and teens’ bodies are still growing. Repet-

itive motion is tough on their bones and muscles.”

Beyond physical issues, training for a single sport throughout the year can potentially lead to burnout or psychological stress. The constant pressure to compete can be difficult for kids and teens. This comes on top of regular stressors, such as fitting in with peers and performing well in school.

Kids spending a lot of time at their sport also may miss out on valuable social interactions with their peers who are not a part of that activity. In addition, they may become overly anxious about their playing time and performance.

“It’s important for children to have time to play and participate in non-sports activities,” Linkous said. “It’s all about balance. Parents should try to avoid overscheduling and spending too much time on any single sport.”

Linkous recognizes there’s a lot of pressure for children and teens to specialize. However, it’s best to hold off as long as possible.

The American Academy of Pediatrics recommends delaying specialization for most sports until after puberty (around 15 or 16 years of age for most kids). This will minimize the risks and lead to a higher likelihood of athletic success.

Instead, keep encouraging kids to par-

ticipate in a variety of activities. These can include walking, biking, hiking, swimming and yoga.

The National Athletic Training Association suggests tips to vary your child’s sports activities:

- One at a time. Children and teens should play only one sport per season.

- Eight-month rule. A teen or child should not participate in the same sport for more than eight months of the year.

- Hours per week. Young athletes should not participate in an organized sport or activity more hours per week than their age. For example, a 10-year-old should not practice or play their sport for more than 10 hours per week.

- Rest days. Kids and teens should have two days per week when they are not practicing or playing their sport.

- End-of-season break. When a season ends, kids should step away from that sport to provide their body time to physically and mentally recover. Jumping from a sport’s club season right into a school season raises the chance for injury or burnout.

“There’s no question that participating in sports has a positive impact on children and teens,” Linkous said. “Taking smart steps to keep kids well-rounded can help them avoid physical and mental health issues.”

## Obituaries

### Cary S. Burns

Cary Steven Burns of Neenah, WI passed away on Wednesday, October 30<sup>th</sup>, 2024, at 56 years old.



Cary was born on February 20<sup>th</sup> 1968, the son of Russell Burns Jr. and Marjorie Williams.

He is survived in death by his mother Marjorie Williams, sister Kelly Therrian, Brother Russell III

(Wendy) Burns, along with numerous aunts, uncles, nieces, nephews and cousins.

Cary is greeted in death by his father Russell Burns Jr., Brother Martyn Burns, Grandparents Russell and Ferndell Burns, Leroy and Doris Duel.

Despite his struggles in life, he was a very giving and kind person. He will be missed by many.

A private burial took place.



## Public Notice

### NOTICE OF ELECTION – SCHOOL BOARD

NEENAH JOINT SCHOOL DISTRICT  
Neenah, Wisconsin

NOTICE IS HEREBY GIVEN that an election will be held in the Neenah Joint School District on Tuesday, April 1, 2025. The following offices are to be elected to succeed the present incumbents listed. The term of office for each school board member is three (3) years beginning on Monday, April 28, 2025.

The incumbents are: Lauri Asbury  
Tara Brzezinski  
Sarah Moore-Nokes

NOTICE IS HEREBY GIVEN that a Campaign Registration Statement and a Declaration of Candidacy must be filed no later than 5:00 p.m. on Tuesday, January 7, 2025, in the office of the school district clerk. The office is located at 410 S. Commercial Street, Neenah, Wisconsin. Nomination papers may be circulated no sooner than December 1, 2024. Papers are available in the District Administrator’s office at the address listed above during regular office hours except when the offices are closed because of the holiday season.

NOTICE IS FURTHER GIVEN that if a primary is necessary, it will be held on Tuesday, February 18, 2025.

A description of the school district boundaries may be accessed on the District’s website at: neenah.k12.wi.us

Dated this 22nd day of November, 2024.

Michelle Swardenski, Clerk  
Board of Education

WNAXLP

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### Legal Notice

**STATE OF WISCONSIN, CIRCUIT COURT, WINNEBAGO COUNTY**  
Case No. 24CV941, Code No. 30301

SUMMIT CREDIT UNION Plaintiff, v. DALE BOLTON, JR. XYZ UNKNOWN DEFENDANT Defendants.

**PUBLICATION SUMMONS**  
THE STATE OF WISCONSIN  
To each person named above as a Defendant:

YOU ARE HEREBY NOTIFIED

that the Plaintiff named above has filed a lawsuit or other legal action against you. The Complaint, which is attached, states the nature and basis for the legal action.

Within 40 days after November 8, 2024, of receiving this Summons, you must respond with a written Answer, as that term is used in Chapter 802 of the Wisconsin Statutes, to the Complaint. The Court may reject or disregard an Answer that does not follow the requirements of the statutes. The Answer must be sent or delivered to the Court, whose address is Clerk of Circuit Court, Winnebago County Courthouse, 415 Jackson St, PO Box 280, Oshkosh, WI 54903-2808, and to Plaintiff’s attorney, whose mailing address is PO Box 1473, Wausau, Wisconsin 54402-1473. You may have an attorney help or represent you.

If you do not provide a proper Answer within 40 days after November 8, 2024, the Court may grant Judgment against you for the award of money or other legal action requested in the Complaint, and you may lose your right to object to anything that is or may be incorrect in the Complaint. A Judgment may be enforced as provided by law. A judgment awarding money may become a lien against any real estate you own now or in the future, and may also be enforced by garnishment or seizure of property.

Dated this 29th day of October, 2024.  
Bates Legal Group, LLC, Attorney for Plaintiff  
By: /s/ Attorney Justin J. Bates  
Justin J. Bates  
Bar No. 11a066128  
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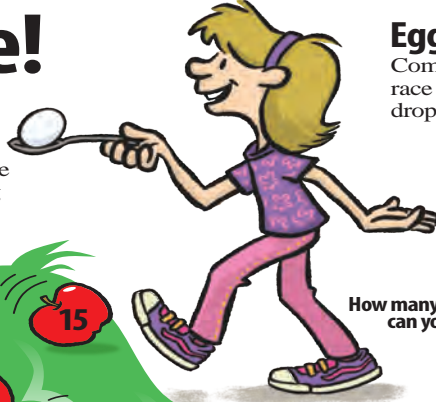
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## Sports Surprise!

What do you think of when you think of sports? Many people think of sports such as soccer, football, baseball and basketball.

There are hundreds, maybe thousands of sports played all over the world. We went looking for some of the most surprising!



### Egg and Spoon Race

Competitors carry an egg on a spoon and race to cross the finish line first, without dropping and breaking their egg!

Holding the spoon with two hands or touching the egg with hands is not allowed. If a competitor drops the egg, they have to pick it up, put it back onto the spoon and balance it before they can resume running.

How many differences can you find?

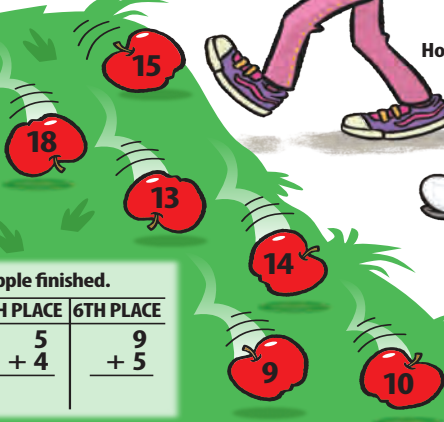


### Apple Racing

In Tasmania, Australia, people drop apples from a bridge and watch the apples bob down the Houn River for 300 meters (328 feet). The owner of the first apple to cross the finish line wins. The Rotary Club of Houn Valley raises money by selling apples.

Which apple won? Do the math to see how each apple finished.

1ST PLACE	2ND PLACE	3RD PLACE	4TH PLACE	5TH PLACE	6TH PLACE
6	8	6	9	5	9
+ 7	+ 7	+ 4	+ 9	+ 4	+ 5

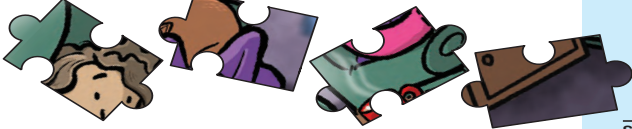
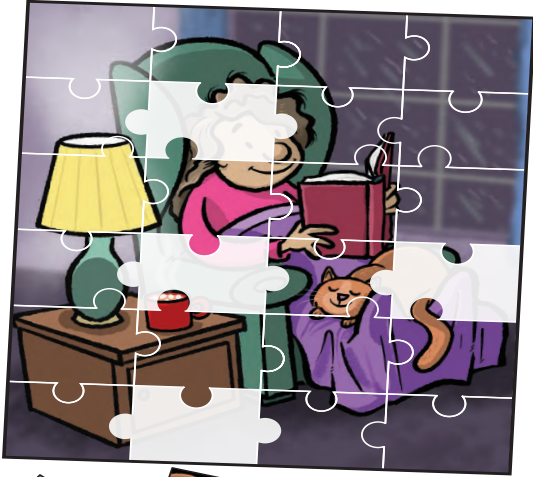


Standards Link: Math: Calculate sums and differences.

### Speed Puzzlers

Often people think of doing jigsaw puzzles as relaxing. But some puzzlers also see it as a chance to see who can put a puzzle together the fastest.

Draw lines to show where each missing puzzle piece belongs. Can you do it in under 60 seconds? Ready? Set? GO!



Standards Link: Language Arts: Follow simple, written directions.

### Puzzle Pros

Use the code to discover some amazing puzzle facts!

	= 0		= 2		= 4		= 6		= 8
	= 1		= 3		= 5		= 7		= 9

In 2020, Sarah Mills of the United Kingdom completed a 1,000-piece puzzle in     hour and     minutes. That's     one piece each     seconds!

Students at Vietnam's University of Economics put together a massive    -piece puzzle! This puzzle measured nearly     feet by     feet (14.85 x 23.2 meters).

It took     students     hours to put this big picture of a lotus flower together.

Standards Link: Language Arts: Read informational text.

The fastest time to complete a    -piece jigsaw puzzle is     minutes and     seconds, set by Alejandro Clemente León at the 2023 World Jigsaw Puzzle Championship.

### Extra! Extra! Newspaper Ball Games

Scrunch up several pages of a newspaper to make a big ball. Wrap the ball in tape to hold it all together. Play catch with your ball. Or hit it back and forth like in a volleyball game. What else can you do with your newspaper ball?

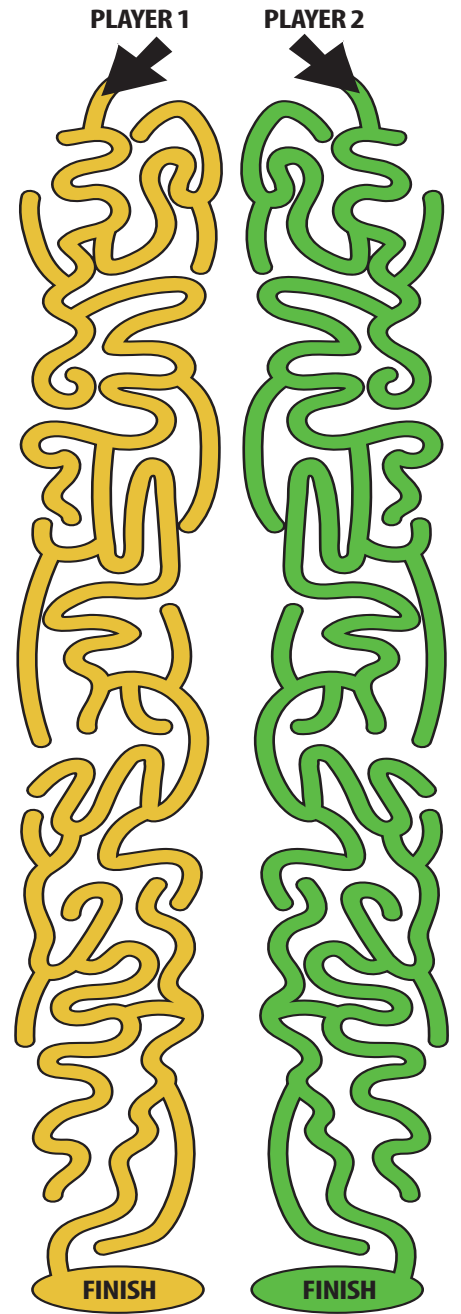
Standards Link: Make reasonable assertions through supportive citation. Analyze text.

## Kid Scoop Together Cheese Versus Person

Each year in May at Cooper's Hill near Gloucester, England, people try to beat a rolling wheel of cheese down a big, steep hill.



Race against a friend or family member to see who can run down the maze hill first!



### Kid Scoop Puzzler

#### What is a Good Sport?

A person with a good attitude in difficult situations is often called a good sport. Which person is being a good sport?

"My team didn't win but that's because this is a dumb game and the referees were terrible!"



YES  NO

"We lost today, but it was still fun. The other team just played a little better!"



YES  NO

"We won, but it wasn't easy. The other team is really good!"



YES  NO

### Double Double Word Search

- APPLES
- BALL
- BIG
- BRIDGE
- EGG
- HOLD
- HOUR
- JIGSAW
- LOTUS
- PIECE
- PLACE
- PUZZLE
- SPOON
- TAPE
- TIME

Find the words by looking up, down, backwards, forwards, sideways and diagonally.

P	X	M	W	E	G	D	I	R	B
I	K	Q	E	M	I	T	V	P	C
E	N	Y	E	S	W	A	M	L	A
C	S	P	O	O	N	P	U	A	P
E	U	J	V	B	H	E	D	C	P
H	T	S	A	T	I	G	Q	E	L
O	O	L	W	A	S	G	I	J	E
L	L	U	E	L	I	V	W	J	S
D	T	X	R	P	U	Z	Z	L	E

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

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